



NHC
JUST BECAUSE WE CARE



**MEDICARE CERTIFIED
& ACHC ACCREDITED**



NEUROPLASTIC REHABILITATION PROGRAM

NHC's Neuroplastic Rehab program is designed to help patients with Parkinson's and other neurological diseases. Our physical therapists are certified in LSVT-BIG and provide clinically proven methods and innovative techniques based on evidence based practices for example walking quickly with bigger steps, increased balance and ability to stand from seated position. Our therapists focus on larger amplitude movements and reteaching the effort needed to regain everyday movement. Patients will learn how to self monitor and will relearn their normal limits through sensory recalibration.

NHC LSVT BIG CERTIFIED THERAPISTS WILL PROVIDE

- Individualized Plan of Care to prepare for LSVT BIG entailing
- Individual sessions
- Daily Homework Practice
- Daily Carryover Exercise
- Functional tasks
- Hierarchy tasks: Multi-step functional activities
- Cardiomyopathy
- Pitting Edema
- Increased focus on function, activities of daily living & in home improvement

Excellence in Home Health Care
Phone (804) 330-5433 Fax (804) 330-5423
www.NHC.life

